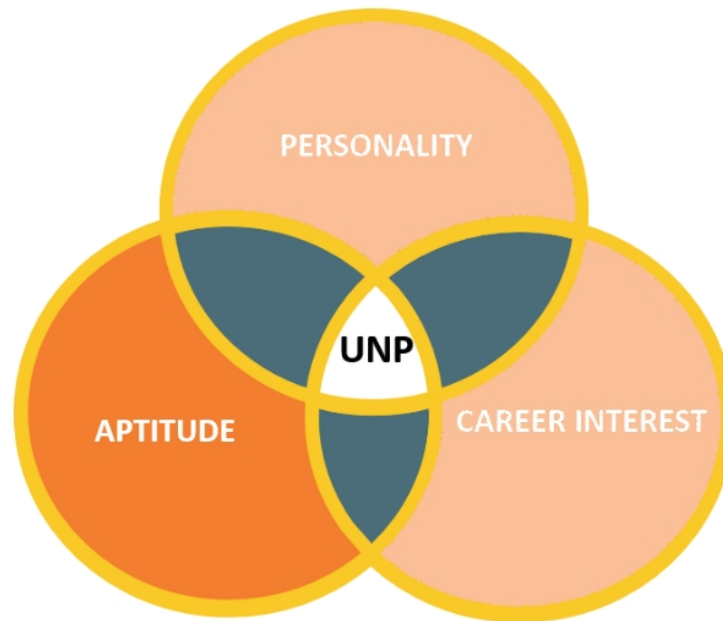


Aptitude



Aptitude is the third factor to be considered in determining the Unique Natural Potential.

Aptitude is the set of Skills and Abilities that you are naturally good at. Every job requires certain skills. If an individual has those skills, they would be capable to do that job better. However, while every individual has natural skills in certain areas, other skills can also be developed if there is interest and motivation to hone them further.

The table below indicates the broad skills you want to use in your career and those that you would want to avoid.

Aptitude - Motivational Skills Matrix

	Like Skills that you like and do well A	Don't Like Skills that you don't like but do well C
DO WELL	<ul style="list-style-type: none"> ● Creativity ● Ability to motivate and direct others ● People Skills ● Verbal Ability ● Empathy ● Researching 	<ul style="list-style-type: none"> ● Physical Coordination ● Mathematical Ability ● Analysing to solve problems
	Like Skills that you like but don't do well B	Don't Like Skills that you don't like and don't do well D
DON'T DO WELL	<ul style="list-style-type: none"> ● Artistic Expression ● Musical Ability ● Writing Skills ● Listening Skills 	<ul style="list-style-type: none"> ● Mechanical Skills ● Processing Data ● Attention to detail ● Dexterity ● Finances - Managing Money ● Ability to work with numbers

Aptitude - Motivational Skills Matrix Summary

Refer the previous page where you have placed skills under:

- A - Skills that you like and do well
- B - Skills that you like but don't do well
- C - Skills that you don't like but do well
- D - Skills that you don't like and don't do well

Every occupation requires certain skills to do that particular job well. Your choices in the motivational skills matrix allows you to choose careers most aligned to your preferred skills, as explained below :

A - High Priority

Skills placed here represents your strongest motivators. You will want to include as many of these as possible in your work. These are the footholds into the career you want.

B - Good Option

Skills placed here are often the key to keeping work fresh and interesting. Think about ways to develop these skills so that you can move them into box A as you learn to do them well. These are the skills you may need to develop to get more options of satisfying career alternatives.

C - Possible Option

Skills placed here represent that deplete your energy - having to use skills you don't enjoy can cause frustration and burnout. Try to keep these skills to a minimum in your career options.

D - Low Priority

Skills placed here should be included in your career work only if they are absolutely necessary to get the job done. It is otherwise best to avoid these in your career options.