

Introversion Intuition Feeling Perceiving

I	Introversion	Reserved, independent, composed, focused, reflective	Orientation of Energy
N	Intuition	Imaginative, creative, future-oriented, bigger picture, possibilities	Mental Functions
F	Feeling	Empathetic, compassionate, warm, caring, harmonious	
P	Perceiving	Flexible, spontaneous, casual, go with the flow	Orientation to the External World

Orientation of
Energy

I

Mental Functions

N₂

F₁

Biggest Motivator in Life

Orientation to the
External World

P

E

S₃

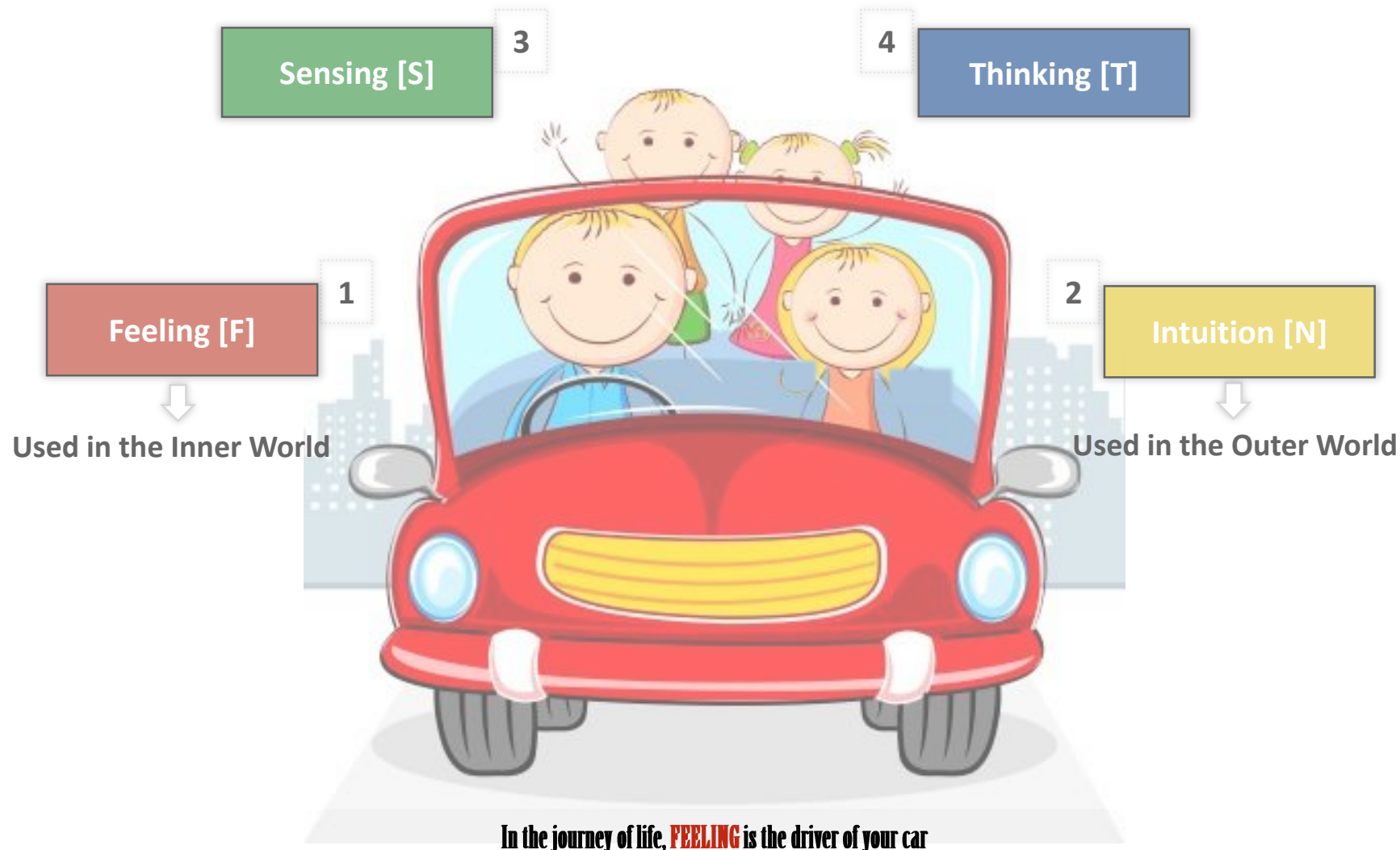
T₄

J

We use both sides, of each of the 4 pairs or dichotomies, to lead a balanced life.

We however, do not use them with equal comfort and have a preference for one or the other.

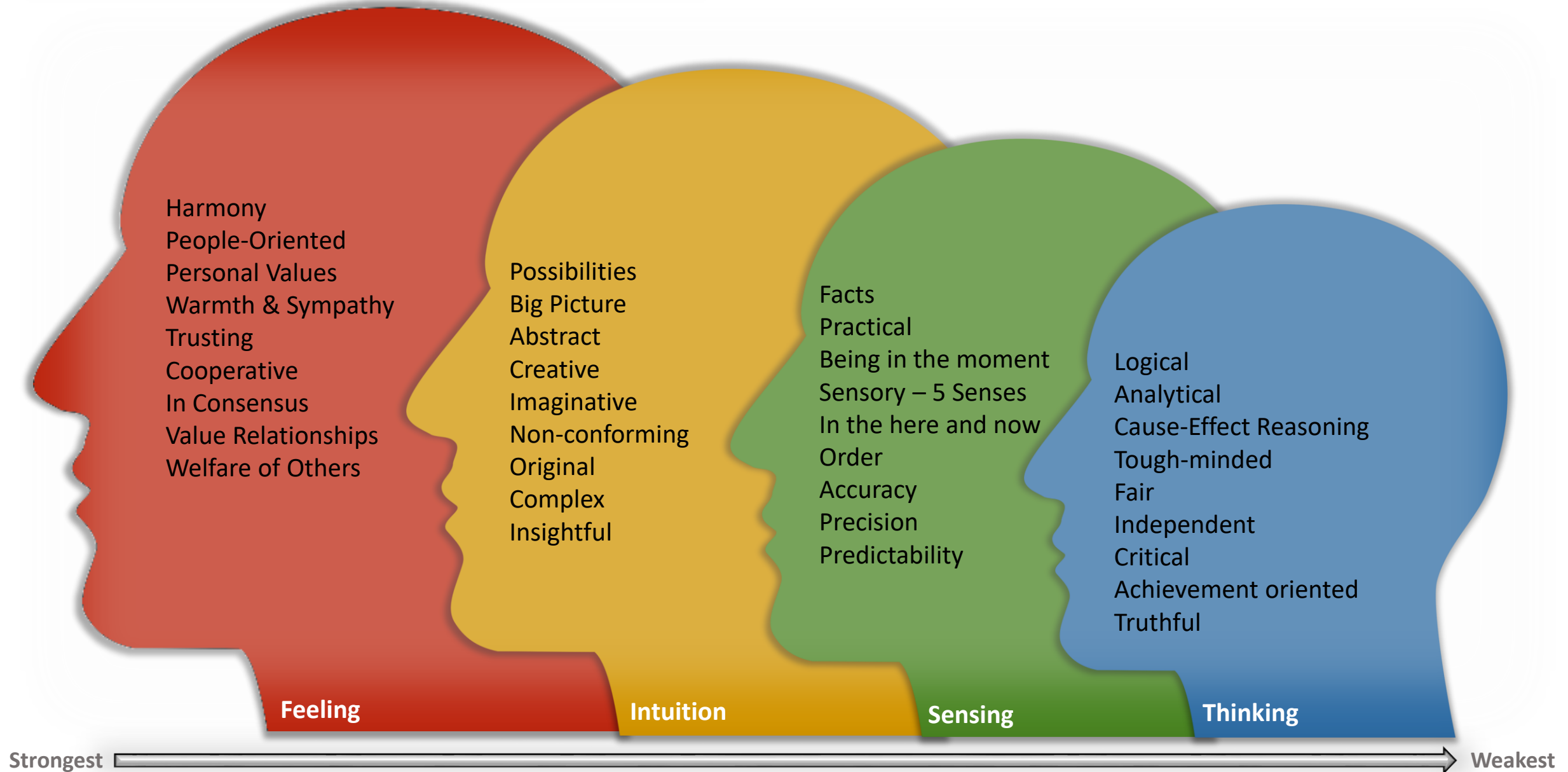
INFP Hierarchy of Mental Functions



With **FEELING** as the dominant trait, the key motivation is having, above all else, harmonious relationships in one's life

INFP Hierarchy of Mental Functions

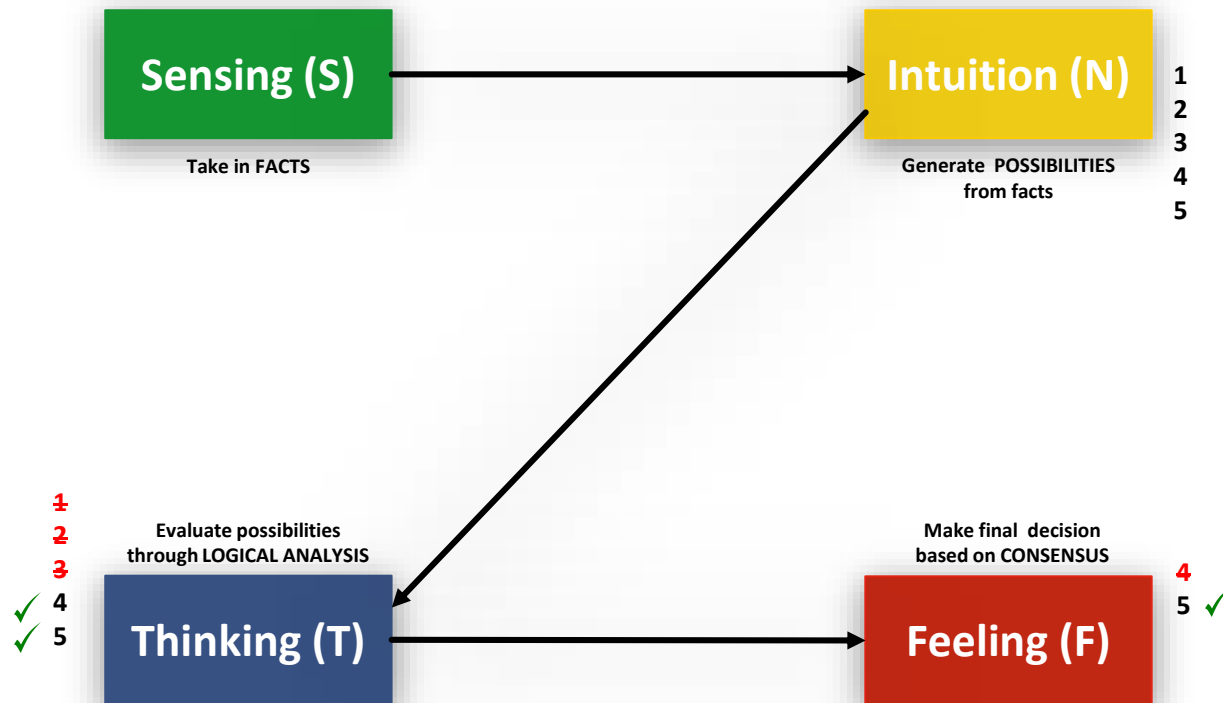
What they bring out in your personality



Decision Making Process

The Process

How do you take in information?

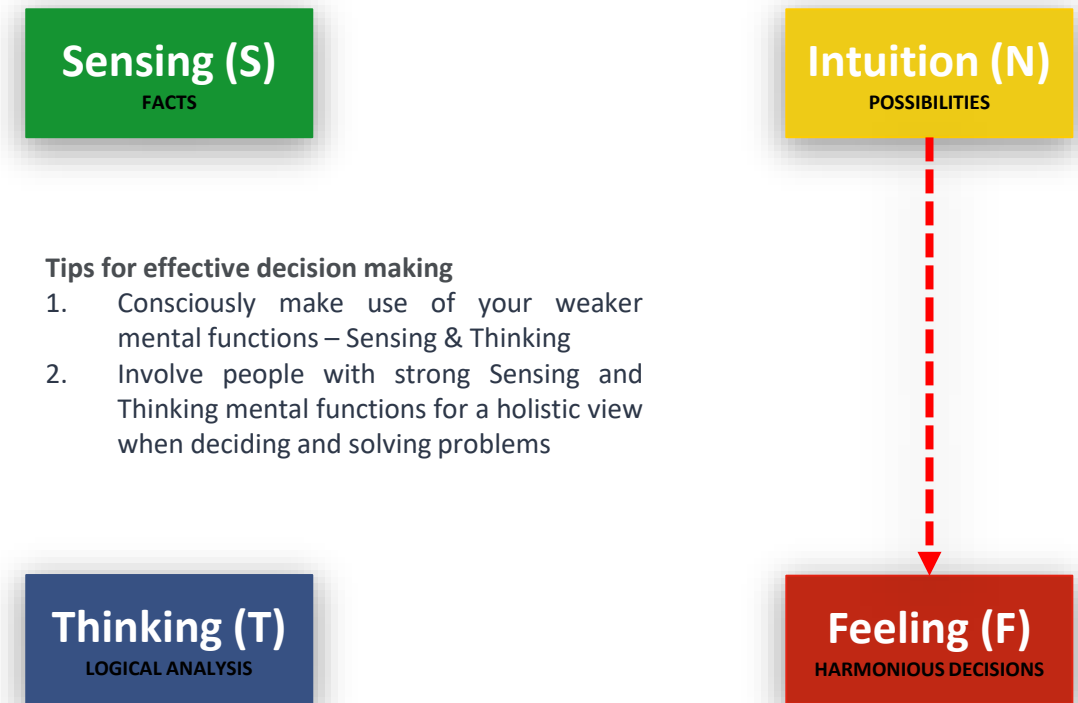


How do you make decisions?

INFPs' Process

INFPs strong mental functions are Intuition and Feeling which they tend to express more while neglecting the other two functions - Sensing and Thinking. This is why, they may end up skipping Sensing and straight on go to generating possibilities through Intuition, some of which may not be practical. They may also make final decisions based on their values, in this case Feeling, and fail to logically analyse the possibilities that are usually processed at the Thinking phase.

How do you take in information?

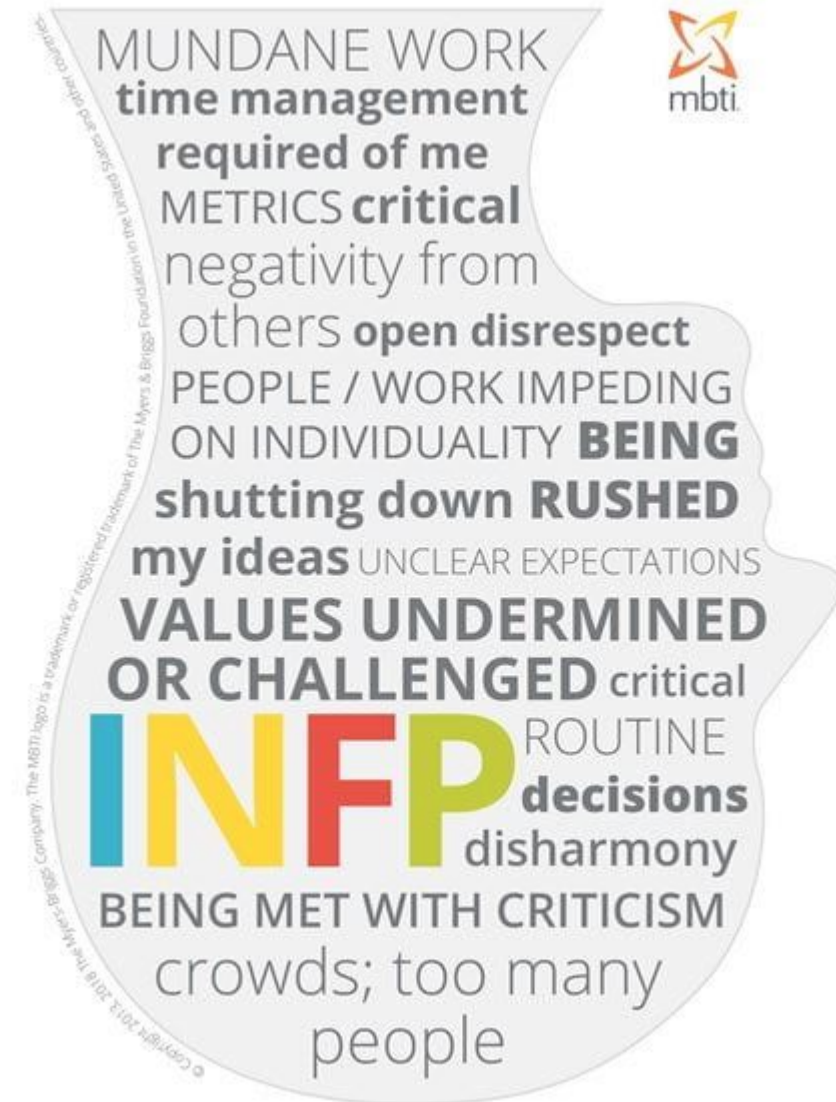


Tips for effective decision making

1. Consciously make use of your weaker mental functions – Sensing & Thinking
2. Involve people with strong Sensing and Thinking mental functions for a holistic view when deciding and solving problems

How do you make decisions?

INFP Strengths & Stressors



Fun Facts

| V E D A T M A |

become your best



Career Focus

The only way to do great work is to love what you do!



Refer to these when in doubt.

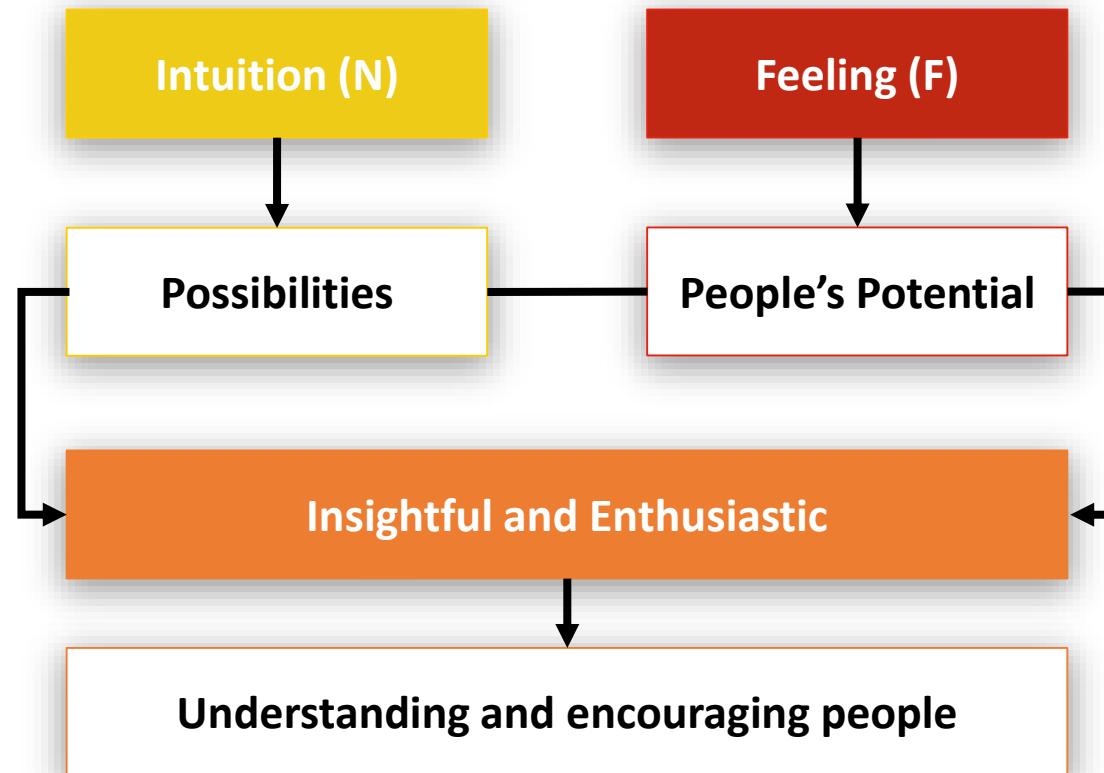
While no career or field is beyond your reach, knowing your strengths will empower in your decision-making process.

Preferred Mental Functions

Focus is on

Thus inclined to being

Hence, find scope for careers in



To know preferences of other Mental Function combinations, [click here](#)

PROFILE

Most INFPs find satisfaction and fulfilment in careers that make use of their depth of concentration, grasp of possibilities, their warmth and sympathy (emphasis on interpersonal values) and their adaptability. They are often found in roles or environments that require quiet concentration, one-to-one relationships and where there are opportunities for creating something new – room for variety and learning, that are intellectually stimulating and allow them to help others.

Top Career Choices

[Click on the boxes to know more...](#)

PREFERENCES

Occupation trends that appeal to INFPs -

1. The occupations, focused toward human values and concern for human issues – ones where they can be of service to others and gain a sense of purpose
2. The other preference orients towards professions that allow them to communicate ideas freely and allow for creative flexibility such as those related to language, visual and performing arts.

Creative / Arts

**Education /
Counselling**

Religion

Healthcare

**Organizational
Development**

Technology



Creative / Arts

Most INFPS thrive in careers that allow them to express themselves and their ideas in creative and personal ways. Creative professions that allow time to develop substantial depth to their ideas, maintain control over the process and product to create original products that are authentic expressions of their inner voice are found to be satisfying for INFPS.

Examples of possible careers

Artist, Journalist, Informational-Graphics Designer, Architect, Multimedia Producer, Interior Designer, Interaction designer, Art Director, Interpreter, Writer, Composer



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Education / Counselling

INFPS usually find careers that allow others to grow and develop on their human potential enabling. In Education, they often prefer the college atmosphere because the motivation of the students is higher. As researchers they find meaning in the process of learning and enjoy exploring deeper and more meaningful levels of understanding. Occupations like that of a counsellor, psychologist, where they can help their clients gain self-understanding, help them evaluate patterns and achieve harmony within their relationships and their lives, also often appeal to individuals with this type preference

Examples of possible careers

College Professor, Clinical Psychologist, Researcher, Social Worker, Education Consultant, Special Education Teacher, Early Childhood Education Teacher, Social Worker, Legal Mediator, Career Counsellor, Curator, Genealogist, Curator



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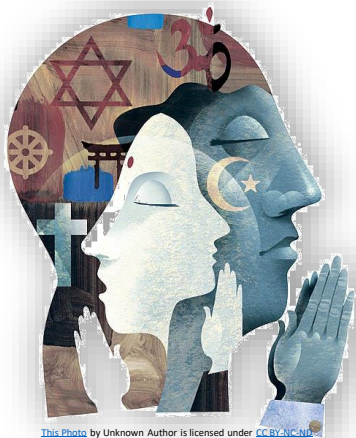


Religion

INFPs are usually very concerned with the happiness and wellbeing of others. They enjoy helping other people develop their spiritual side and receive pleasure from striving for and attaining their vision for themselves and for others. This makes a religious career rewarding for this type. They thrive in an environment that is calm, quiet and peaceful and allows them to unlock their full creative potential while working on something that can leave a positive mark on the world. The bottom line for an INFP is to do work that is in harmony with their inner values and beliefs, and often careers within religion provide that.

Examples of possible careers

Religious Educator, Pastoral Counsellor, Missionary, Church Worker, Minister



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Healthcare

Most INFPs have a good ability to deal with emotionally charged and pressured situations, clubbed with their ability to work closely and intimately with clients or patients, makes healthcare a lucrative profession for them. As INFPs generally prefer autonomy, they prefer healthcare careers that allow them to have their own practice or to work as a consultant to a larger health care institution.

Examples of possible careers

Dietitian/Nutritionist, Speech-Language Pathologist, Audiologist, Occupational Therapist, Physical Therapist, Geneticist, Art Therapist, Cytotechnologist (study cells on a microscopic level to identify diseases and viruses)



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Organizational Development

INFPs are not usually satisfied in business careers, there are some selected fields that offer potential for success and satisfaction - some INFPs enjoy a corporate setting when their work involves helping other people find jobs that are right for them. They often enjoy jobs in personnel, or human resources development, or designing and instituting jobs within a company. They need to work with other supportive people and feel that their contributions are valued and unique in order to find satisfaction in the tough and competitive world of business.

Examples of possible careers

Human Resource Development Trainer, Employment Development Specialist, Diversity Manager, Industrial-organizational psychologist, Labour Relations Specialist, Corporate/Team trainer



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Technology

With the proliferation of technology, there is a rapidly growing need for people who understand technology but also have good people and communication skills. Being the liaison between the technology people and the end users appeals to many INFPs, who find these jobs satisfy their need to help and be connected with their co-workers.

Examples of possible careers

Customer Relations Manager, Project Manager, Engagement Manager, Human Resources Recruiter, Educational Software Developer



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If your career is not playing off your natural inclinations, then you could find that job draining, unappealing, or might even suffer from burnout.

Avoid careers that

- Do not allow any privacy or alone time
- Operate on a great deal of structure or rules
- Require a lot of interpersonal competition

DISCLAIMER

1. The Career listing shared in this booklet is not exhaustive. It is a compilation of some fields/occupations that are satisfying for INFPs.
2. There are many similarities between all INFPs and yet every INFP is a unique personality, and hence the choice of distinctive career preferences by each individual.
3. Successful people of all types are in all occupations.



Reference:

Career Field Preferences by Mental Functions

<i>Mental Functions</i>	<i>ST</i>	<i>SF</i>	<i>NF</i>	<i>NT</i>
Focus on:	<i>Facts</i>	<i>Facts</i>	<i>Possibilities</i>	<i>Possibilities</i>
Handle these by applying :	<i>Objective analysis and experience</i>	<i>Personal warmth, concern for others</i>	<i>Attention to people's potential</i>	<i>Theoretical concepts and systems</i>
Thus tend to become:	<i>Practical and analytical</i>	<i>Sympathetic and friendly</i>	<i>Insightful and enthusiastic</i>	<i>Logical and analytical</i>
Find scope for their interests in :	<i>Technical skills with objects and facts</i>	<i>Practical help and services for people</i>	<i>Understanding and encouraging people</i>	<i>Theoretical and technical frameworks</i>
Career Fields:	<ul style="list-style-type: none"> . Applied Science (Eg : Mechanics, Thermodynamics, etc..) . Business Administration (Eg : Factory Manager, Operations Manager etc..) . Banking (Eg: Cashier, Manager etc..) . Accounts (Eg: Accounts Manager, Chartered Accountant, etc..) . Law Enforcement (Eg: Police, etc..) . Production: Hands on Trades (Eg: Carpentry, Machine Operator, etc..) . Construction (Eg: Contractor, etc..) . Health Care - Hands-on/Technical (Eg : Surgeons, Paramedics, Dentist, Radiologists, etc..) . Sales – Tangibles (Eg: computers, real estate, etc.) . Engineering- (Eg: Mechanical, Civil, Instrumentation etc..) . Protective Services - Hands-On (Eg: Defence Services, Fire-fighters, etc..) . Teaching- Vocational . Computers - Database/Networks . Law – Corporate, Tax practitioner, etc.. . Entertainment – Sports 	<ul style="list-style-type: none"> . Health Care (Eg: Nurses, etc..) . Community Service /Social Service . Teaching . Supervision (Eg: Office Manager, Retail Manager, Restaurant Manager, etc..) . Religious Service . Support Services (Eg: Para legal, Secretary, etc..) . Sales – Intangibles (Eg: Insurance Sales, Sales of Services, etc..) . Clerical (Eg: Clerks, Librarians, Receptionists, etc..) . Entertainment – Performing Arts (Eg: Dancing, etc..) 	<ul style="list-style-type: none"> . Psychology – Clinical Psychologist . Human Resources . Counselling . Teaching . Research . Literature . Religious Service . Health Care (Eg: Physician, etc..) . Social Sciences (Eg : Societal changes, Studying cultures, etc..) . Creative – Art, Music (Eg: Artist, Playwright, Novelist, Poet, etc..) . Organisational Development (Eg: Human Resources development trainer, Labour relations specialist, etc..) . Technology – liaison (Eg : Staff technology trainer, Technology related HR recruiter, etc.) . Communication (Eg : Social media manager, Fund-raiser, Newscaster, Reporter and correspondent, etc..) . Marketing (Eg: Marketing Head, etc..) 	<ul style="list-style-type: none"> . Physical Science (Eg: Earth Sciences, Life Sciences, Physics, etc..) . Research . Management (Eg: Top Management, CEO, etc..) . Law – Civil, Criminal, Corporate . Computers (Eg: Programming, Software, etc..) . Engineering (Eg: Computer, Electrical and Electronics, Electronics and Communications, etc..) . Health Care (Eg: Research Oriented work –Pharmaceutical researcher, Biotechnology, Microbiologist, etc..) . Psychology – Research (Eg: Authors of psychology books, etc..) . Finance – Analyst . Academician . Creative – Inventor

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